

DELHI PUBLIC SCHOOL ,CHHATARPUR
LUNCH MENU
July (2017)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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2	3 Chhole , Mix Veg , Khatta Metha Kaddu , Puri , Jeera Rice, Raita , Raj Bhog	4 Moong Dal , Lauki Masala, Jeera Aaloo, Roti , Rice , Papad, Banana Shake	5 Tomato Utthapam, Sambar , Chutney, Chana Vada, Lemon Rice, Ice Cream	6 Matar Paneer, Arvi Masala, Aaloo Cabbage, Tandoori Roti, Rice, Boondi Raita,Lauki Halwa	7 Hotn-Sour-Soup Pasta, Chilli Potato, French Fricce, Veg Bake,Cup Cake	8
9	10 Kadi Pakoda , Kathal, Baingan Bharta, Roti , Rice ,Papad, Aam Ras	11 Toor Dal ,Sev Bhaji, Bhindi Do Pyaza, Roti , Rice ,Chhanch, Barfi	12 Dal Tadka, Parwal, Bharma Tamatar, Roti , Rice ,Dry Papad, Gulab Jamun	13 Dal Tadka, Dum Aaloo, Kathal Masala, Roti , Rice ,Papad, Tar Boodi	14 Pav, Bhaji, Kashmiri Pulao, Meetha Raita, Fruit	15
16	17 Dal Palak ,Kale Chana , Capsicum Masala , Roti , Rice ,Papad, Mava Laddoo	18 Dal Makhani, Dahi Arvi , Kurkuri Bhindi, Roti, Rice, Boondi Raita, Balu Shahi	19 Dal , Malai Kofta, Chhote Baingan , Roti , Rice , Papad, Nariyal Barfi	20 Paneer Korma, Angoori Kofta, Bhindi Do Pyaza, Tandoori Parantha, Rice, Fruit Raita	21 Noodles, Bread Roll, Veg Cutlet, Fried Rice, Fruit Custard	22
23	24 Rajma , Kele ki Sabji , Dry Parwal, Roti ,Rice ,Veg Raita, Besan Laddoo	25 Mix Dal , Soya Matar, Stuffed Capsicum , Roti , Rice , Chips, Shahi Tukda	26 Veg Idli , Sambar , Chutney,Avial, Curd Rice, Fruit	27 Khichdi, Bhindi Masala, Spourt Moong, Tamatar Chutney , Papad, Peda	28 Aaloo Tamatar, Veg Parantha, Veg Biryani, Dahi, Papad,Petha	29
30	31 Palak Saag, Beans Aaloo, Khatte Chana, Roti , Rice ,Boondi Raita, Milk Cake					